

### **Botox<sup>®</sup> Post Treatment Instructions**

---

1. Remain upright for 4 hours after the procedure.
2. Do not touch the treated area for 4 hours after the procedure. Touching the treated area may lead to unwanted side effects.
3. Actively use the treated muscle groups (frown, squint, or smile) for 1 hour after the procedure. This will help the Botox<sup>®</sup> bind to the desired area and enhance the results.
4. The Botox<sup>®</sup> does not take effect immediately. It will take several days to 2 weeks to see the results. If it has not worked in 2 weeks, please contact our office at that time. We cannot touch up the area for 4 weeks from the original treatment date.
5. Please contact our office with any questions or concerns.